

Scheduled Classes 2025

101923

Date	Subject (Core/Elective)	Prerequisites	Date	Subject (Core/Elective)	Prerequisites
1/3-11	Positional Release Therapy (48 hrs)	TM1, B&M	7/19-20	Rock to Relax: Pulsing (16 hrs)	none
1/12-21	Therapeutic Massage Level 1 (52 hrs)	none	7/25-28	Hot Stone LomiLomi (24 hrs)	TM1
1/13-29	Pathology (44 hrs)	Physiology	8/2-3	Rock to Relax: Rebalancing (16 hrs)	none
1/24	Intuitive Hands-On Energy Work (8 hrs)	by permission	8/4	Stand Your Ground – Legs & Feet (8 hrs)	TM1, B&M
1/25-26	Ayurvedic Shirodhara (16 hrs)	none	8/5-14	Lymphatic Drainage Massage (48 hrs)	none
1/30-2/1	Massage for Oncology & Hospice Care (16 hrs)	TM1&2, Phys, Path	8/15	Move Freely – Hips & Pelvis (8 hrs)	TM1&2, B&M
2/2-11	Therapeutic Massage Level 2 (52 hrs)	TM1	8/15-23	Myofascial Therapy (48 hrs)	TM1, B&M
2/3	Embracing Life – Arms, Wrists, Hands (8 hrs)	TM1, B&M	8/24-9/16	Kinesiology (52 hrs)	B&M
2/12-3-7	Physiology (56 hrs)	none	8/30-9/1	Craniosacral Therapy Level 2 (24 hrs)	by permission
2/14	Ease the Load – Shoulders (8 hrs)	TM1, B&M	9/17-10/15	Physiology (56 hrs)	none
2/17-20	Sea Shell Massage (16 hrs)	TM1	9/20-21	Reiki Master Course (16 hrs)	Reiki Intensive
3/1-3	SansHandsFlow Massage (24 hrs)	TM1	9/22	Cupping: Myofascial Decompression (8 hrs)	by permission
3/6	Crazy Good Neck Work – Version I (8 hrs)	TM1&2, B&M	9/26-28	Thai Massage on the Table (24 hrs)	none
3/8-9	Thai Herbal Spa (16 hrs)	none	10/2-11	Therapeutic Massage Level 2 (52 hrs)	TM1
3/10-27	Anatomy: Bones & Muscles (48 hrs)	none	10/13	Crazy Good Neck Work – Version II (8 hrs)	TM1&2, B&M
3/14-17	Bamboo Massage (24 hrs)	TM1, B&M	10/16-18	Hot Stone Reflexology (16 hrs)	none
3/18-21	Reiki Intensive (Equivalent of Level 1 & 2) (16 hrs)	none	10/19-28	Therapeutic Massage Level 3 (52 hrs)	TM2
3/24	Relax – Ear & Hand Reflexology (8 hrs)	none	10/29	I've Got Your Back – Spec. Back Techn. (8 hrs)	TM1, B&M
3/28-31	Neuromuscular Therapy (24 hrs)	TM1, B&M	10/30-11/2	Barefoot Bars Deep Tissue (32 hrs)	by permission
4/1	Crystal Raciance: Massage w/Gem Stones (8 hrs)	TM1 recommended	11/3-6	Sound Infused Massage Therapies (16 hrs)	TM1
4/1-19	Pathology (44 hrs)	Physiology	11/7-23	Pathology (44 hrs)	Physiology
4/5-13	Therapeutic Massage Level 3 (52 hrs)	TM2	11/10-19	Deep Tissue Massage (48 hrs)	TM1, B&M
4/17	Soothing Belly Work – Abdominal Massage (8 hrs)	TM1, Phys	11/24-12/8	Hot & Cold Stone Therapy (48 hrs)	TM1
4/20-28	Foot Reflexology (48 hrs)	none	11/26	Himalayan Salt Stone Massage (8 hrs)	TM1
4/29-5/10	Business, Marketing & Chair Massage (56 hrs)	by permission	12/9-22	Business, Marketing & Chair Massage (56 hrs)	by permission
4/29-5/9	Therapeutic Massage Level 1 (52 hrs)	none	12/14-16	Thai Foot Massage (24 hrs)	none
5/11-5/13	Kinesiology (52 hrs)	B&M			
5/13	Stretching – Tai Chi – Qigong - LB (8 hrs)	TM1, B&M			
5/15-18	Clinical Hydrotherapy (24 hrs)	TM1			
5/23-6/30	Clinical Sports (Orthopedic) Massage (96 hrs)	TM1, B&M			
5/27-6-6	Therapeutic Massage Level 2 (52 hrs)	TM1			
5/27	Stretching – Tai Chi – Qigong - UB (8 hrs)	TM1, B&M			
6/14-15	Fusion 16 (16 hrs)	TM1&2, B&M			
6/16-25	Maternity & Infant Massage (48 hrs)	TM1			
6/26	Dreamy Face Sequence (8 hrs)	none			
7/1-8/1	Anatomy: Bones & Muscles (48 hrs)	none			
7/4-6	Craniosacral Therapy Level 1 (24 hrs)	Level 1			
7/7-16	Clinical Aromatherapy & Massage (48 hrs)	TM1 by permission			
7/18	Your Crown & Glory: Head Massage (8 hrs)	none			

Courses Early Year 2026:

1/2-2/3	Traditional Thai Massage on the Mat (96 hrs)	none
1/6-10	Geriatric (Elderly) Massage (24 hrs)	TM1
1/11-15	European Spa Specialties (24 hrs)	TM1
9/2-13	Therapeutic Massage Level 1 (52 hrs)	none
TBD:		
	Acupressure (48 hrs)	none
	Premier Spa Indonesia (16 hrs)	TM1 or equivalent

We offer: **Morning Hours Mo-Fr** - **Evening & Weekend Hours** - **Combination Hours**

FREE informational private tours and consultations by appointment: 515-727-4890